



Gourmet Bag Lunch

We make it easy for you to have a wholesome, nutritious lunch without the inconvenience of crowded restaurants and travel time. The Bag Lunch is a nutritious and convenient choice for your daily luncheon breaks. They are made with the highest quality products. Includes: a dessert square, piece of fresh fruit and napkin.

Minimum order is 9 bag lunches. Please place your order before 4:00pm the business day prior to delivery

Black Forest Ham & Swiss Emmental**CAN \$8.99 per person (min 1)**Black Forest ham, Swiss cheese, green leaf lettuce, tomato, deli mustard on Montreal light rye

Smoked Turkey & Havarti Cheese**CAN \$8.99 per person (min 1)**Smoked turkey and havarti cheese with green leaf lettuce, tomato, and cranberry orange spread on New York style potato bread

Corned Beef & Swiss Emmental**CAN \$8.99 per person (min 1)**Thinly sliced corned beef and Swiss Emmental, green leaf lettuce and Russian dressing on Montreal light rye

Roast Sirlon of Beef**CAN \$8.99 per person (min 1)**Roast sirloin of beef, cheddar cheese, green leaf lettuce, tomato and zesty bistro sauce on whole wheat

Albacore Tuna**CAN \$8.99 per person (min 1)**Premium Albacore tuna, celery and herbs in a creamy dressing, green leaf lettuce on a San Francisco Sourdough

The Goodnature Vegetarian**CAN \$8.99 per person (min 1)**Vegetarian with Monterey Jack cheese, sprouts, cucumber, green leaf lettuce, tomato, guacamole on natural 8 – grain
